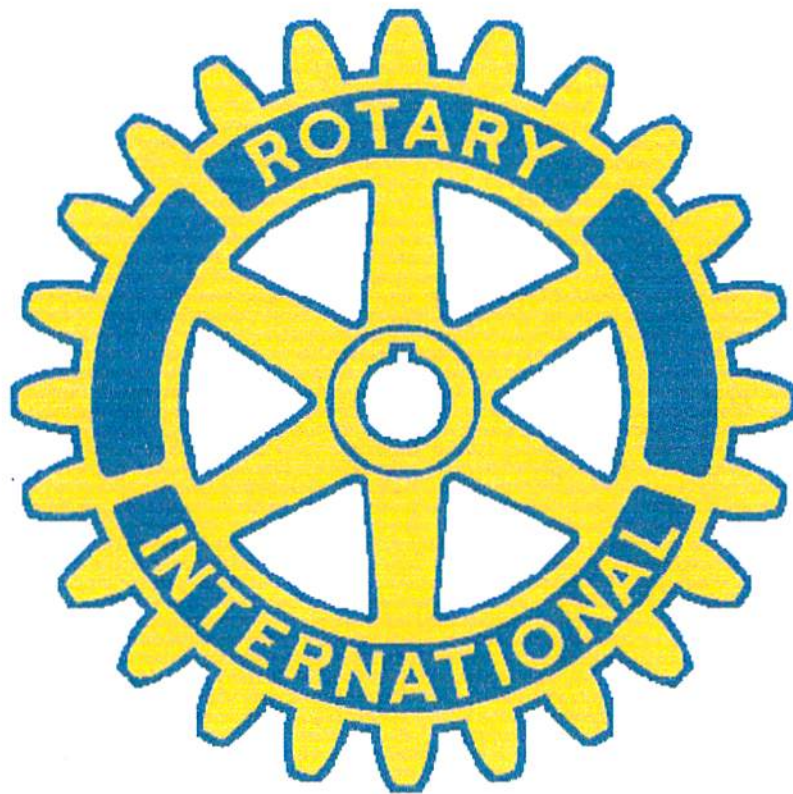


SERVICE ABOVE SELF



Guilford Rotary Club
Guilford, Connecticut



WHAT IS ROTARY?

ROTARY IS ...

- **ROTARY** is an organization of business and professional leaders united worldwide, who provide humanitarian service.
- **ROTARY** is the world's first service club - founded in Chicago in 1905.
- **ROTARY** is some 1.2 million service-minded men and women belonging to more than 28,000 Rotary clubs in virtually every nation of the world.
- **ROTARIANS** meet weekly for fellowship and interesting, informative programs dealing with topics of local and national importance.
- **ROTARIANS** plan and carry out a remarkable variety of humanitarian, educational, and cultural exchange programs that touch people's lives in their local communities and the world community.
- **ROTARY** is The Rotary Foundation, which each year provides some US\$90 million for international scholarships, cultural exchanges, and humanitarian projects large and small that improve the quality of life for millions of people.

ROTARY



Object of Rotary

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- I. *The development of acquaintance as an opportunity for service;*
- II. *High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to service society;*
- III. *The application of the ideal of service in each Rotarian's personal, business and community life;*
- IV. *The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.*

INTERNATIONAL

ROTARY



THE FOUR-WAY TEST

of the things we think, say or do

first

Is it the TRUTH?

second

Is it FAIR to all concerned?

third

Will it build GOOD WILL
and BETTER FRIENDSHIPS?

fourth

Will it be BENEFICIAL to
all concerned?

INTERNATIONAL

Guilford Rotary Club

Serving the Guilford Community

- **Feed the Needy**
- **Seniors Holiday Lunch**
- **Holiday Baskets**
- **Caroling at a Nursing Home**
- **Warm the Children**
- **Save-A-Family**
- **Community Clean-up**
- **Dictionary to Every 3rd Grader**
- **Memorial Education Fund**
- **Interact Club**

More than 1650 families and individual served annually

More than 1500 hours given annually by Rotary Club members

Feed the Needy

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Rotarians prepare and serve full course meals at the Community Dining Room in Branford on the fifth Tuesday of the month, usually four times a year.

How many years Rotary has done this:

This community service was resurrected in 2005.

Benefits how many families or individuals yearly:

Rotary volunteers prepare full course and take-out meals for approximately 75 to 95 people. More than 400 people are served each year.

Volunteer effort (number of hours/ number of volunteers yearly):

Six cooks and six servers work approximately four hours per shift - approximately 195 volunteer hours each year.

Sponsorships and donations from community:

The Guilford Rotary Club has made several donations to the Community Dining Room to purchase kitchen equipment and continues to be very generous as needs arise.

Testimonials:

Many patrons come to the kitchen door to express their gratitude for a "home-cooked" meal.

Guilford Seniors Holiday Luncheon

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Guilford Seniors are treated to a soup to nuts holiday luncheon annually. It starts with cheese and crackers served with cider and or coffee followed by a full turkey dinner complete with salad, rolls and choice of pies for desert.

There is music provided by a local DH “Cadillac” John Saville well as a choral concert by the Guilford High School Voices.

Every senior receives a ‘stocking’ filled with an assortment of gifts: a book, a CD, fresh fruit, health items, candy, and other goodies.

The Parks and Recreation Department also sets up a children’s concert mid-morning to help make this a full day for the seniors.

How many years Rotary has done this:

Since 1981

Benefits how many families or individuals yearly:

200 individuals benefit each year.

Volunteer effort (number of hours/ number of volunteers yearly):

Total volunteer effort equals 240 hours.

80 Rotary volunteers organize, buy food and paper goods, pack ‘stockings’, cook, serve, and clean up for this event.

Sponsorships and donations from community:

Six local businesses and several individuals donate items or cash to purchase items for the ‘stockings’. Every Rotarian makes a cash contribution to help fill the ‘stockings’.

Five local businesses donate food, expertise, and items for the day of the event.

Testimonials:

There are always numerous, grateful words by attendees followed by thank you cards. For many seniors attending, this is their only holiday celebration. The GCTV program every year also comments on our effort and thanks the Guilford Rotary Club.

Holiday Baskets

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Rotarian pick up Thanksgiving and Christmas food donations and deliver them to the VFW. The VFW packs the individual boxes.

How many years Rotary has done this:

Since 1995

Benefits how many families or individuals yearly:

At least 125 families benefit each year.

Volunteer effort (number of hours/ number of volunteers yearly):

6 to 8 Rotary volunteers with a couple of pickup trucks work for about 2 hours for each of Thanksgiving and Christmas baskets. 24 to 32 volunteer hours each year.

Sponsorships and donations from community:

Food drives throughout the community

Caroling in Nursing Home

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Each year Rotarians visit a local nursing home to sing Christmas Carols and holiday songs to the residents. Santa comes along also.

Benefits how many families or individuals yearly:

About 30 residents attend the performance each year. Later there is singing in the hallways for those who unable to attend.

Volunteer effort (number of hours/ number of volunteers yearly):

10-15 Rotarian volunteer annually for this event.

Warm the Children

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

This project is done with the Madison Rotary Club. The Welfare Departments supply a list of needy children in Madison and Guilford. Joint fundraising is done through our media sponsor The Shoreline Times. Guilford Rotarians then take Madison children shopping and Madison Rotarians take Guilford children shopping. Each child is able to spend about \$125 on winter clothes.

How many years Rotary has done this:

Since 2004

Benefits how many families or individuals yearly:

Approximately 200 children benefit each year.

Volunteer effort (number of hours/ number of volunteers yearly):

30 to 40 Rotary and community volunteers annually

90 hours

Sponsorships and donations from community:

\$16,000 – Individuals and Rotary Clubs

Save-A-Family

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Rotary volunteers provide 'Around the House' services such as small repairs and yard work for elderly and infirmed individuals who reside in Guilford.

How many years Rotary has done this:

Since 1997

Benefits how many families or individuals yearly:

A few families benefit each year.

Volunteer effort (number of hours/ number of volunteers yearly):

Effort is variable, depending on the job. Examples of jobs include: painting a small house, building a ramp, patching a leaky roof, cleaning gutters, and stacking wood.

Community Clean-up

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Annual Spring clean-up. Guilford Rotarians partner with others in the community to pick up trash along the town roads.

Benefits how many families or individuals yearly:

Entire community

Volunteer effort (number of hours/ number of volunteers yearly):

10-20 Rotarian volunteers annually, three hours each.

30-60 hours

Dictionaries for 3rd Graders

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

The goal of the Guilford Rotary is for all third grade students in our community to have their own personal dictionary. THE DICTIONARY PROJECT is designed to help Grade 3 students learn to be good writers, active readers, and creative thinkers. The dictionaries are for the children to keep, so they can use them throughout their school career. The students benefit from an increased self-reliance and resourcefulness inspired by owning this reference tool. THE DICTIONARY PROJECT is sponsored by Rotary Clubs throughout the world.

How many years Rotary has done this:

Since 2006

Benefits how many families or individuals yearly:

Approximately 300 students benefit each year.

Volunteer effort (number of hours/ number of volunteers yearly):

Coordinator: 15 hours

Participants: about 5 hours

Sponsorships and donations from community:

Rotary donates about \$600 each year to purchase the dictionaries.

Memorial Educational Fund, Inc.

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

The Memorial Education Fund provides educational financial assistance in the form of non-interest bearing loans and scholarships to Guilford residents.

How many years Rotary has done this:

Since 1965

Benefits how many families or individuals yearly:

On average, 15 – 20 recipients per year.

Volunteer effort (number of hours/ number of volunteers yearly):

Seven directors serve overlapping three-year terms.

Sponsorships and donations from community:

The Fund endowment and available funds are supported by contributions from:

Guilford Rotary Club

Individual Rotarians

Bequests by Rotarians

Loan repayments by recipients

About \$6000 in proceeds from the Frosty 5K New Year's Day Road Race

The Memorial Educational Fund generally accepts financial aid applications in the March/April period. The deadline for applications is May 1. Financial aid awards are announced after interviewing candidates during May. Applications are available on the Club website www.guilfordctrotary.org

Interact Club

Guilford Rotary Club

Serving the Guilford Community

Description of Service:

Interact is Rotary International's service club for young people ages 12 to 18. Interact clubs are sponsored by individual Rotary clubs, which provide support and guidance, but they are self-governing and self-supporting. The Guilford Rotary Club sponsors and supports the 80-90 members of the Guilford High School Interact Club.

How many years Rotary has done this:

Since 1995

Benefits how many families or individuals yearly:

Internationally:

To date some 150 Bio sand filters for Kolar, India providing drinking water 1.000 people

Builds 1-2 Happy House in Haiti annually, 6-7 to date

Supplies and more in CWS donations were provided to about 500 in Haiti.

Past year \$250 donation to Call for Care - Uganda

Locally:

Two visits and gifts presented to hundreds in area homeless shelters.

Make Difference Day and more.

Roses for Autism

\$1000 donation to St. Judes Hospital

\$1000 donation to Alzheimer's

\$500 donation to Pilgrim Fellowship mission trip to Kentucky

Volunteer effort (number of hours/ number of volunteers yearly):

Rotary advisors – 600 hours annually

Students – 2500 annually

Sponsorships and donations from community:

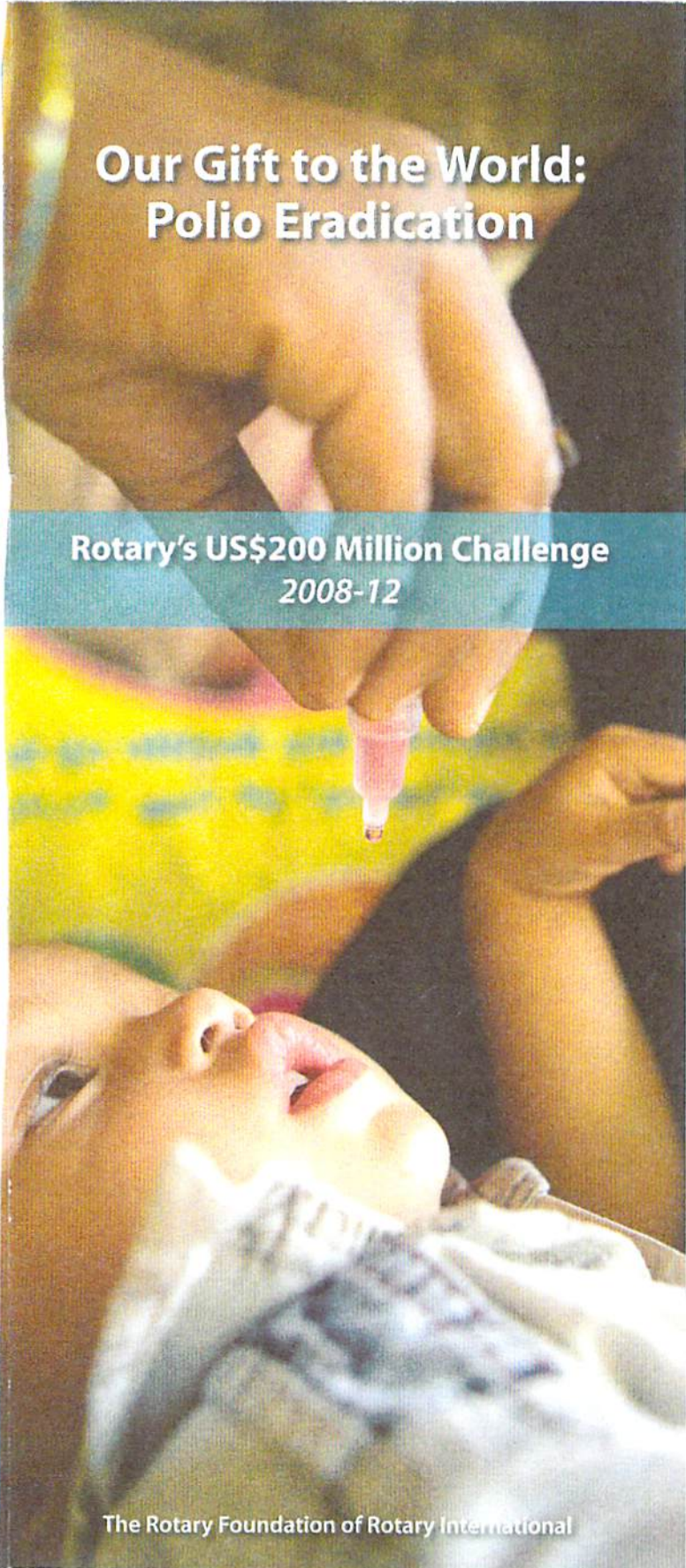
Many patrons at our Pasta Night fundraisers and "Cry Baby" golf tournament

GSB, Walmart as well as the Rotary club itself sponsor the club and affords a number of students to attend seminars like RYLA (Rotary Youth Leadership Awards), New Generations and the Interact District Assembly.

Guilford Rotary Club

Serving the International Community

- **Polio Eradication Project**
- **Immunizations for Children**
- **Haitian Earthquake Recovery**
- **Clean Water**
- **Educational Support**
- **Mosquito Net Protection**
- **Food Donations**

A close-up photograph of a hand holding a pink oral rehydration solution (ORS) sachet, with a small amount of liquid dripping from the tip. The sachet is held over the open mouth of a baby who is lying down. The background is slightly blurred, showing a person wearing a yellow and blue patterned shirt.

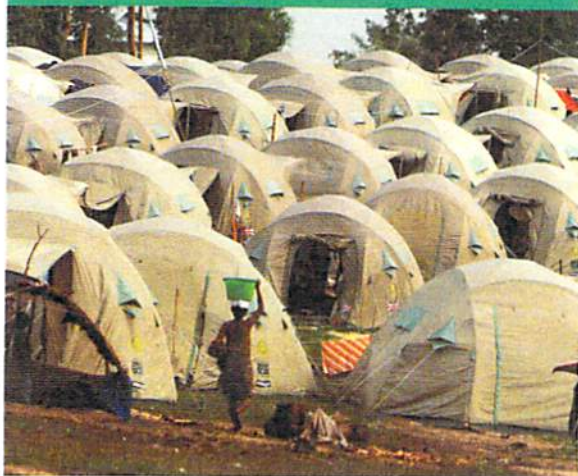
Our Gift to the World: Polio Eradication

Rotary's US\$200 Million Challenge
2008-12

The Rotary Foundation of Rotary International



shelter BOX



The ShelterBox

Boxes are packed disaster-specific and contain high quality, new items which remain the property of the recipients. The Box itself is often recycled in use.

ShelterBoxes include a weatherproof **ten-person tent** and other survival essentials:

- Thermal blankets and insulated ground sheets
- Mosquito nets
- A multi-fuel stove and cooking utensils
- Water containers & water purification kits
- A basic tool kit
- A children's activity kit
- And more...



ShelterBox USA

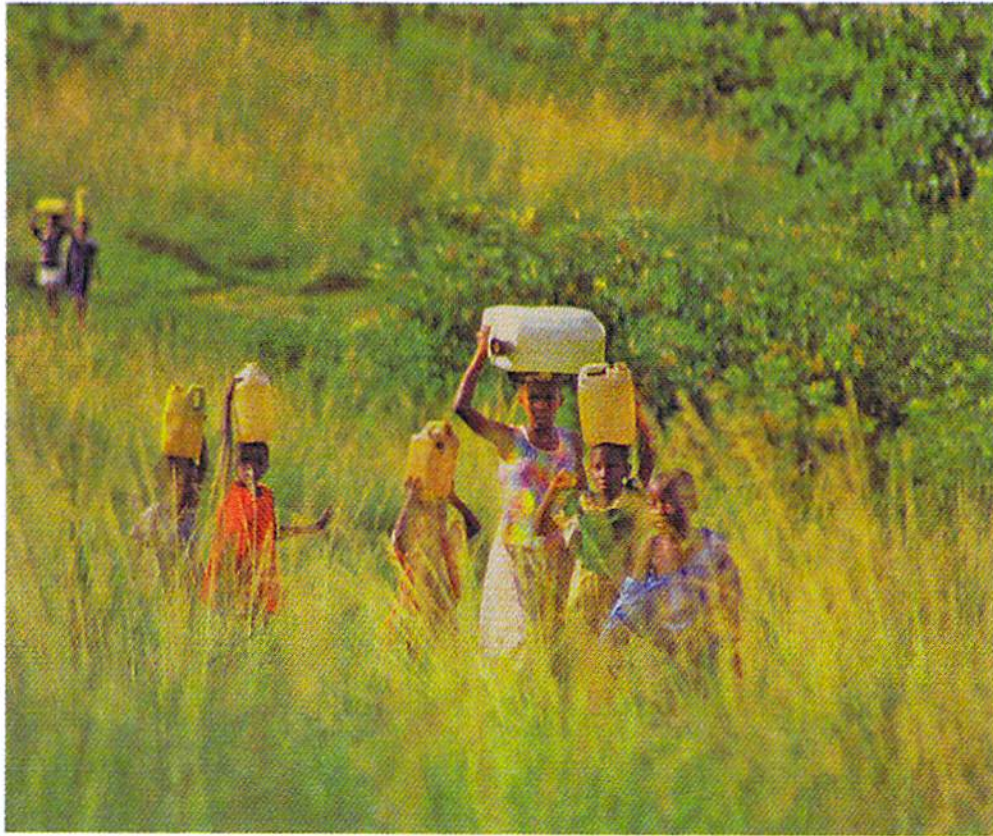
www.shelterboxusa.org

E: info@shelterboxusa.org P: 941-907-6036

8374 Market Street #203 Lakewood Ranch, FL 34202

Haitian Earthquake Recovery





ITOJU, TANZANIA

A long walk for water

According to the World Health Organization, each year clean water could prevent:

- 1.4 million child deaths from diarrhea
- 500,000 deaths from malaria
- 860,000 child deaths from malnutrition
- 280,000 deaths from drowning

Bio Sand Filters in Peru

Guilford Rotary Club

Serving the International Community

Description of Service:

Bio sand filters are concrete containers filled with sand. They are built by the local people in their own villages.

How many years Rotary has done this:

Since 2009

Benefits how many families or individuals yearly:

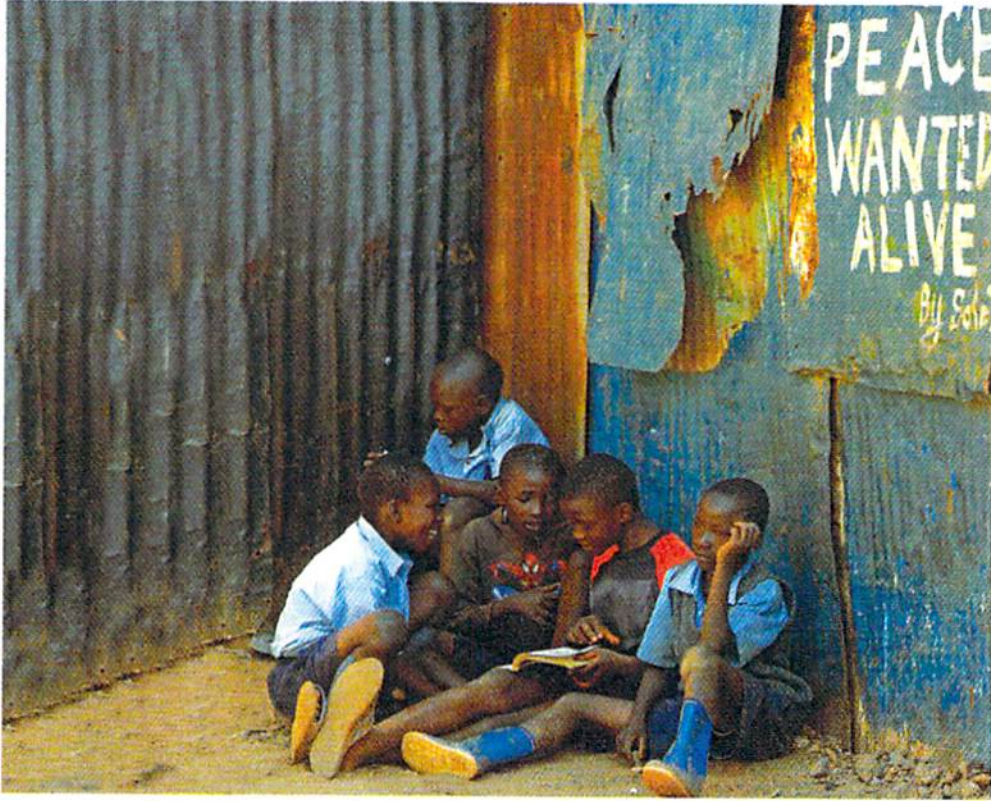
The hope is to fund and install a total of 5,000 filters that will benefit over 50,000 people.

Volunteer effort (number of hours/ number of volunteers yearly):

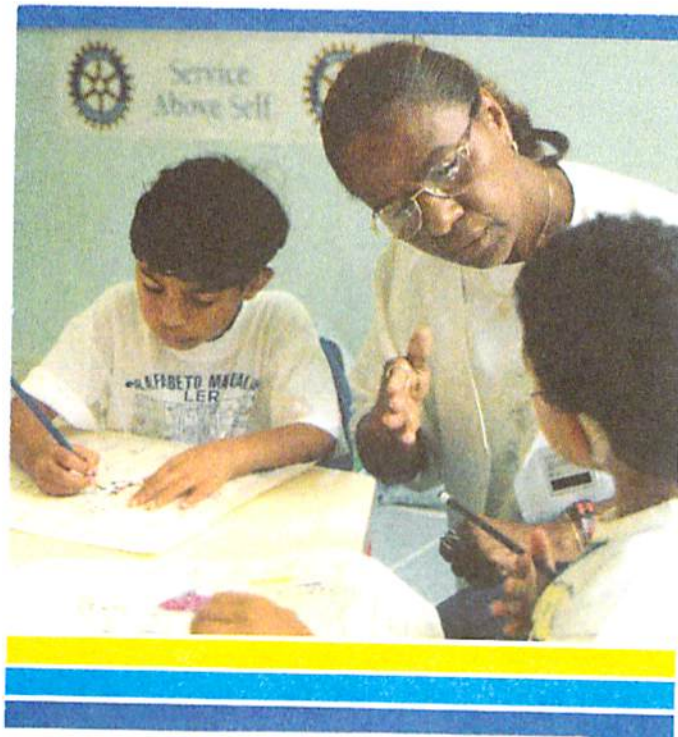
A representative from the Guilford Rotary Club has visited, and our club has made donations. The local Rotary club (Rotary Club, La Molina Vieja) one of many clubs in Lima, heads up this project. They hire a non-profit organization to oversee the building of the filters, train mostly the mothers, in proper sanitation and in how to build an outhouse.

Sponsorships and donations from community:

Rotary donates an average of \$2,000 each year



THE SPIRIT OF ROTARY



Adakum Educational Foundation

Guilford Rotary Club

Serving the International Community

Description of Service:

This foundation provides financial support to a private school in Ghana, West Africa. Mosquito nets are purchased for students and their families.

How many years Rotary has done this:

Since 2006

Benefits how many families or individuals yearly:

350 students of L&A Academy in Accra, West Africa benefit each year.

Volunteer effort (number of hours/ number of volunteers yearly):

A Rotary member travels with his wife to the school in Africa to assess the need. Trips are made to NYC to hand carry checks to the founder of the school.

Sponsorships and donations from community:

Rotary donates an average of \$2,000 each year

Guilford Rotary Club

Fundraising Activities

- **LobsterFest**
- **Frosty 5K**
- **Annual Rose Sale**
- **Chicken Barbecue**

More than 1800 hours were volunteered by the Guilford Rotary Club's 77 members.

Guilford Rotary Club is grateful for community support in sponsorships, in-kind donations, volunteer help, and donations.

Together we are "building communities and bridging continents."



**GUILFORD
ROTARY**

LOBSTER FEST!

JUNE 22, 2013

SATURDAY 4:30 PM - 8:30 PM

GUILFORD FAIRGROUNDS - LOVERS LANE (RAIN OR SHINE)
(FOOD SERVED 5:00-7:30 PM)

An evening of fun for the whole gang!

A Large, Fresh 1 $\frac{3}{4}$ lb Maine Lobster *or*
A 14 ounce NY Strip Steak,
Beer, Wine, Soda • All the 'fixins' & dessert!
\$40.00 per person (*advance purchase only*)
Kids' Meal \$8

Purchase tickets by June 14, 2013 at:

PAGE HARDWARE & APPLIANCE
BISHOP'S FARM MARKET

or on our website:

GUILFORDROTARYLOBSTERFEST.COM



RESERVE NOW!

RESERVED GROUP SEATING

(Reserve by May 1, 2013)

A Table for 8 people, includes
Reserved Seating & 8 meal tickets (\$400)

A whole Tent for 32 people, includes
Reserved Seating & 32 meal tickets (\$1,600)

It's easy to reserve online at GuilfordRotaryLobsterFest.com!

**WIN AN IPAD AT
LOBSTERFEST!**



Want to be a Sponsor?

Contact John Stax at 203-458-3100 *or* stax@thecoastalagency.com

Proceeds from the Guilford Rotary LobsterFest benefit local charitable and non-profit organizations. Please visit our website to learn more about these groups.

*Get details about Entertainment, Vendors, this
year's Door Prize, & more, on our website:*

GUILFORDROTARYLOBSTERFEST.COM



LobsterFest

Guilford Rotary Club

Fundraising

Description of Activity:

LobsterFest is a feast of large Maine lobsters or NY strip steak with all the fixings. It is held on the Guilford Fairgrounds, rain or shine, with entertainment.

How many years Rotary has done this?

Since 1996

Who benefits from the fundraiser?

Women and Family Life Center, Guilford Interfaith Ministries, and Guilford High School Interact Club are the primary beneficiaries. Funds are deployed throughout the year for the Food Bank, non-profits requesting funds, and other charitable organizations, international projects, Memorial Ed request and needs of the community that the Board feels worthy. The funds are spent for projects building a better community and bridging continents in helping humanity with clean water projects, Polio plus, and dealing with tragic world events. We support literacy, housing, and health care throughout the world.

Benefits how many families or individuals yearly:

It varies year to year, but probably the number of beneficiaries is in the thousands.

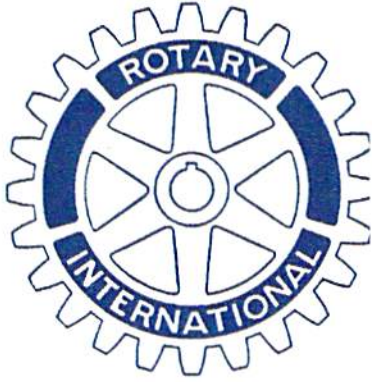
Volunteer effort (number of hours/ number of volunteers yearly):

The chair devotes about 160 hours prior to and including the day of the event. Twenty committee members devote 25 to 30 hours. Committee members and an additional 30 Rotarians volunteer the weekend of the event resulting in another 250 hours. Several hundred hours are spent on marketing, publicity, and finding sponsors. Guilford Rotarians volunteer at least 1200 hours on LobsterFest to raise money for worthy causes. This is Service Above Self!

Sponsorship and donations from community:

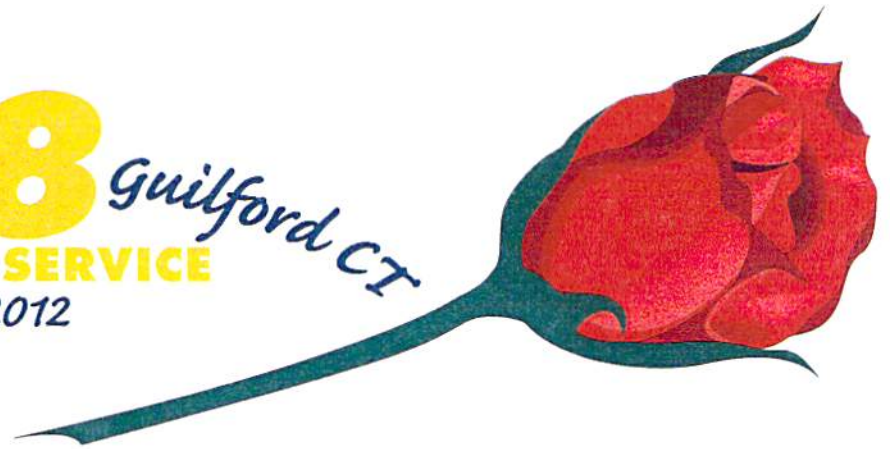
Numerous sponsorships, donations, and in-kind services are received from the community, out-town businesses, and individuals.

2012 GUILFORD ROTARY



Rose Sale

Rotary Club **58** Guilford CT
YEARS OF SERVICE
1954 - 2012



Beautiful Farm Fresh Roses

from Roses for Autism at Finchbeck's Rose Farm
only \$15.00 per dozen — guaranteed **FRESH**

Friday, October 269:00 AM - 5:30 PM

Saturday, October 279:00 AM - Noon

ALSO

Friday, November 29:00 AM - 5:30 PM

Saturday, November 39:00 AM - Noon

Location: Bishop's Farm Market

Reserve Your Roses Now!

Riefe Tietjen, Chairman 203-453-0430

Annual Rose Sale

Guilford Rotary Club

Fundraiser

Description of Activity:

Rotary members package, sell, and distribute dozens of roses (mostly from Pinchbeck`s) to the public.

How many years Rotary has done this?

Since about 1970

Who benefits from the fundraiser?

Community and International Services

Rotary Board of Directors decides according to need.

Benefits how many families or individuals yearly:

\$2500 –3000 earned. All of the proceeds are used for community and international services. The number of families and individuals who benefit vary each year.

Volunteer effort (number of hours/ number of volunteers yearly):

It is truly a full-club effort. Probably 50 or more Rotarians participate in selling, packing, and distributing the roses. About 100-150 hours are volunteered by Rotarians.

Sponsorship and donations from community:

A couple of local businesses have helped us in printing posters and tickets. The public buys the roses.

**GUILFORD ROTARY CLUB'S
28th ANNUAL NEW YEAR'S DAY**

FROSTY 5K



**5K ROAD RACE
2K HEALTH WALK
1/2-MILE KIDS
FUN RUN**

**Tuesday, January 1, 2013
Guilford Green, Guilford, CT**

NEW! 1/2-Mile Kids Fun Run

Online registration & info at bit.ly/QitxmM

Frosty 5K Race

Guilford Rotary Club

Fundraising

Description of Activity:

3.1 mile road race and 2 mile walk held each January 1.
700-1,000 runners and walkers participate each year.

How many years Rotary has done this?

Since 1985

Who benefits from the fundraiser?

Proceeds benefit *Warm the Children* and the
Guilford Rotary Club Memorial Educational Fund
Rotary Club general fund

Benefits how many families or individuals yearly:

About 200 shoreline families (*Warm the Children*),
15-20 individuals seeking educational financial aid (Memorial Ed Fund),
plus many others through Rotary Club donations

Volunteer effort (number of hours/ number of volunteers yearly):

About 25-30 volunteers work on race day, plus there are several meetings before
race day with the three race directors.
At least 250 hours are volunteered before, during, and after the race.

Sponsorship and donations from community:

Entry fees for participants
17-20 local sponsors
Gifts-in-kind from local businesses for printing, food, water, chiropractic services
Individual donations to *Warm the Children* and the Memorial Ed Fund

Chicken Barbecue

(formerly Chicken In The Snow)

Guilford Rotary Club

Fundraising

Description of Activity:

Originally called "Chicken In The Snow," this event is a chicken barbecue where customers drive by and purchase halves through their open window. The name indicates that chicken is sold during a time of year when it is unusual to barbecue.

How many years rotary has done this?

1 year – two times during the winter of 2012

Who benefits from the fundraiser?

The funds are given to local charities with the majority being given to the Community Dining Room last year.

Volunteer Effort (number of hours/ number of volunteers yearly):

Committee Members: Planning and Set-up: approximately 5 hours for 4 people
Event: approximately 8 hours for 4 people

Volunteers: approximately 3 people for one hour two days before the event
approximately 10 people for two to three hours on day of event

Sponsorship and donations from community:

- Bishop's Orchards – location, storage, staff support
- Westbrook Concrete Block Co. – cinderblocks for barbecue pit

Guilford Rotary Club

Public Relations in Guilford Community

- **Participation in Autumn Parade**
- **Rotarian Magazine in Professional Offices**
- **Information Booth at LobsterFest**
- **The Four-Way Speech Contest for GHS Students**
- **The Four-Way Poster Contest for GHS Students**